

VANEMAEALISTE TERVIS

55%

ARVATES EI OLE
NEIL TASUSTATAVA
TÖÖ TEGEMIST
TAKISTAVAIK
TERVISE-
PROBLEEME

22%

HINDAS OMA
TERVISEISUNDIT
HEAKS, VÄGA
HEAKS VÕI
SUUREPÄRASEKS

42%

SUHTLES OMA
PEAMISE KONTAKT-
ISIKUGA IGA PÄEV

4%

SUHTLES OMA
PEAMISE KONTAKT-
ISIKUGA KORD KUUS
VÕI HARVEM

26%

MEESTEST

ja

7%

**NAISTEST
SUITSETAS**

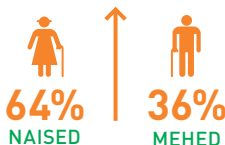
 Tervise Arengu Instituut
National Institute for Health Development

EESTI ELANIKKONNAST

moodustavad

ÜLE 60-AASTASED

24%



81%

on

**TÖÖTAMISE
LÕPETANUD**



10%

neist

**HALVA TERVISE
TÖTTU**



7%

OSALES VIIMASE AASTA
JOOKSUL ÕPPE-
VÕI KOOLITUSKURSUSEL

17%

EI KASUTANUD AASTA
JOOKSUL ÜLDSE
PEREARSTIABI

25%

KASUTAS
PEREARSTIABI
ÜLE 5 KORRA AASTAS

60%

SELLE VANUSERÜHMA
SURMADEST ON
PÕHJUSTATUD
VERERINGEELUNDITE
HAIGUSTEST

59%
EI KASUTANUD

regulaarselt
ÜHTEGI RAVIMIT

69%

on

**ÜLEKAALULISED
VÕI RASVUNUD**

neist

**40% ÜLE-
KAALULISED**


29% RASVUNUD

HEALTH OF THE ELDERLY

55%

DID NOT REPORT HEALTH PROBLEMS THAT WOULD LIMIT PAID WORK

22%

RATED THEIR HEALTH AS GOOD, VERY GOOD OR EXCELLENT

42%

HAVE CONTACTED WITH THEIR MAIN CONTACT PERSON DAILY

4%

LESS THAN ONCE A MONTH

26%

OF MEN
and

7%

OF WOMEN
SMOKED

 Tervise Arengu Instituut
National Institute for Health Development

OVER 60-YEAR-OLD-PEOPLE

constitute

24%

OF ESTONIAN POPULATION



81%

have

STOPPED WORKING



10%

of them

BECAUSE OF HEALTH PROBLEMS



7%

HAVE ATTENDED AN EDUCATIONAL OR TRAINING COURSE DURING THE PAST YEAR

17%

DID NOT CONTACT A GENERAL PHYSICIAN DURING PAST YEAR

25%

CONTACTED ONE MORE THAN 5 TIMES

60%

OF DEATHS IN THIS AGE GROUP WERE CAUSED BY DISEASES OF THE CIRCULATORY SYSTEM

59%

did not use

ANY MEDICATION

at least

ONCE A WEEK

69%

were

OVERWEIGHT OR OBESE

40% OVERWEIGHT

&

29% OBESE